## PET NUTRITION

## RECOMMENDATIONS AND INFORMATION

Good nutrition is the cornerstone of good health. Without good food the body may survive, but it will not thrive. We believe that the following facts are important to a good understanding of your pet's diet:

- 1. No pet food is "100% nutritionally balanced and complete."
- No animal should live on a diet consisting solely of processed food.
- 3. Dog and cat foods are exceedingly convenient and simple way to feed your pet.
- 4. For the most part, the best pet foods cost the most -- you get what you pay for.
- It takes a much larger volume of cheap dog food to feed your dog everyday than it would if you fed good dog food-- so those cheap dog foods cost more to feed than it might seem.
- 6. What tastes best to your pet is not necessarily the best food for him to eat.
- 7. Poor nutrition often takes years to show up as disease.
- 8. The number one nutritional problem among pets is obesity.
- 9. All pets should receive some natural, whole foods.

A very good quality pet food can act as the cornerstone of an excellent diet while still providing a good deal of convenience. The following is a rating of diets available to your pet:

- 1. The worst: All meat. This is artificial, unnatural, and will cause death.
- 2. Terrible: Soft-moist food (Gaines-burger and the like). Very high in sugars, chemicals, dyes, preservatives, stabilizers, etc...
- 3. Very bad: Soft-moist and dry combinations (kibbles and bits for example)
- 4. Very bad: Generics (Cheaper!, Atta-boy, Ol'Roy, etc...)
- 5. Bad to So-So: Brand Name diets (Alpo, Nutra Nuggets, Friskies, 9 lives, etc...) Adequate basics, but lacking in top quality ingredients and often formulated according to what tastes best and costs less.
- 6. Good: Premium Diets (Science Diet, Eukanuba, Iams, etc...) Higher quality ingredients and formulas backed up with extensive R and D. Still these diets are processed (300+ degrees and 600+ pounds of pressure) and lack those ingredients that are lost through such treatment.
- Very good: Whole food diets (WYsong, Natural Life). Top quality ingredients with a minimum of processing -Many ingredients added after processing!. Natural preservatives, excellent quality protein (no byproducts) no
  food color or added probiotics.
- 8. Excellent: A proper homemade diet. Though very time consuming to produce nutritional benefits that you would expect for yourself. (See our recipes on back)

Cats: Feed raw, fresh, preferably organic, chicken wings and necks cut into one inch pieces daily and 1 raw chicken liver 2-3 times per week. You may soak in 10% chlorox for 20 minutes if you wish to disinfect.

**Dogs:** Feed raw meat (not pork or lamb) and vegetables daily. 1 to 2 teaspoons for small dogs and 2-4 Tablespoons for large dogs. A nice long bone with meat attached once per week. NO BACON GREASE! Vitamins and minerals: A high quality supplement is helpful: C-biotic, F-biotic, Prozyme, Pet Tabs, Etc...

